

**Tune in to your Children by  
Initiating Conversations.**





**The hearts of children are like treasuries of hopes and dreams. In order to be part of their amazing journey through life, tune in to them by asking questions.**

**Initiate conversations with your children on a daily basis regardless of your workload. Investing your time in them yields the greatest return.**

**It is quite possible your children may show little interest in speaking with you. If that's the case, spend time by simply sharing the same space with them. By showing your children you enjoy their presence, it will communicate with them just how much you love them and how much they mean to you.**

**Regardless of the norms of behavior for a particular age range, all children desire and enjoy a pleasant relationship with their parent/guardian. Expressing genuine love breaks barriers commonly experienced by parents/guardians and children.**

**Refrain from lecturing or judging children when you talk. Instead, use your time together as an irreplaceable tool to peek through the window of their soul.**

**Although your most important role as a parent/guardian is to teach and train your children, at times, play the role of friend.**

**Make a conscious choice to allow your children to talk about anything they want. Start out with simple questions, and then continue to delve into their hearts. This will help build a strong foundation for communication.**



# Self-Reflection Questions:

1. Why is it important to invest socially in my children?
2. How can I initiate a conversation with my children today?
3. What can I do to show my undivided attention to my children?

